

# Talking to Your Doctor

It is not unusual for patients to suggest a treatment option that's unfamiliar to their physician. Your physician might not know about the tDCS-LTE™ System as a treatment option for Major Depression. Since you will need to receive tDCS-LTE™ treatment at your doctor's office, Soterix Medical has developed an information page designed to help you start a conversation with your physician about the therapy.

## What does tDCS mean?

It's an abbreviation for transcranial Direct Current Stimulation.

## What is the tDCS-LTE™ System?

The tDCS-LTE™ system is a non-invasive therapy approved in select countries for the treatment of Major Depression. tDCS-LTE™ is the first and only optimised tDCS based system approved for the safe and effective clinical treatment of depressive symptoms.

## How does it work?

While you sit, electrode patches are applied to the head using a specially designed cap or strap. Wires connect the patches to a small battery-powered device that can be placed on a table next to you. For about 20 minutes, mild direct electrical current (DC) then stimulate specific positions of our brain found to be hypoactive when suffering from major depression. Patients typically report a mild tingling sensation during the session that stops at the end.

## When does the treatment occur?

Patients receive tDCS-LTE™ at their doctor's office based on a schedule that is convenient to them. Most choose to have the stimulation therapy 3 to 5 times a week.

## Who are good candidates?

Patients may try the tDCS-LTE™ if they have been diagnosed with major depression and the symptoms are not successfully managed with drug medication or there are bad side-effects from the drug medication. tDCS-LTE™ is a non-drug therapy with no significant side effects.

## Where was the treatment developed?

tDCS-LTE™ System was invented by an international team of doctors and researchers and was first tested at Harvard Medical School. tDCS-LTE™ therapy is the first clinical system using tDCS to treat major depression that is available to patients throughout select countries.

## Where can I read peer-reviewed papers that have been published in scientific journals?

Please visit the publications page: <http://soterixmedical.com/depression/physicians>

## How do you obtain it?

A patient must have a physician's prescription and supervision to receive tDCS-LTE™ therapy.

## Is the tDCS-LTE™ System covered by insurance?

No, at this time the tDCS-LTE™ is not covered by insurance, please check back regularly for updates on reimbursement.

## How much does the tDCS-LTE™ Therapy cost?

Your doctor will discuss with you billing options. Typically, patients pay per session (doctors visit) with 4-6 weeks of regular therapy recommended. For example, if you receive 4 sessions per week for 5 weeks, that is 20 sessions. Often, after benefiting from tDCS-LTE™ therapy, patients may choose to visit their doctor again if symptoms return, for a "booster" session.

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